

REFUEL



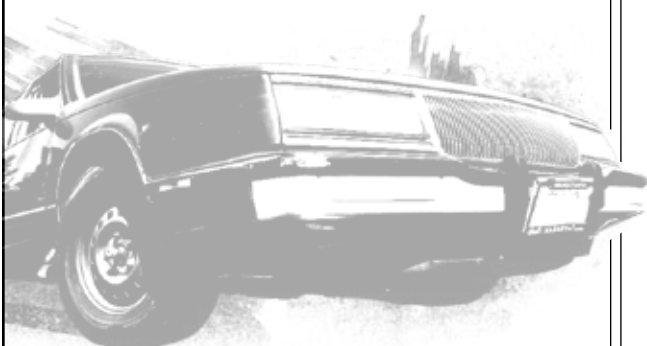
→ DISCUSSION GUIDE VOL.3

There is no one way to facilitate small group discussion. Please be freed of that expectation. There is no perfect question and since your small group isn't perfect, that should work out fine!

The goal of your time together is to get people talking and go beneath the surface dialogue to a place of hope and healing through God's power and this community of believers. Please use any of these questions or come up with your own (or use the ones in the Refuel book) to guide your discussion. There are way too many questions to use for your time together—your focus shouldn't be to answer all the questions, simply use the ones that will prompt a type of conversation that's more than casual.

The questions are broken up in the following way:

1. **Warm up:** use only if your group needs an "easy" starter question to get things going?
2. **Start digging:** these questions are intended to get you talking about life.
3. **Bible:** pausing to reflect on God's Word.
4. **Embrace community:** these questions encourage your group to talk about how they can help one another.



WARM UP→→

Is there something that you got in trouble for as a little kid that you can still remember?

If you went to a weekend service, what is one thing you remember from the sermon?

START DIGGING→→

(choose a few questions that you will talk about)

1. How would you describe your current desire to connect with God?
2. What steps do you typically take to connect with God? When do you normally do that?
3. In the video, Doug said:
 - Connecting with God is less about figuring things out and more about hanging out with the One who loves you.
 - Connecting with God is less about feeling guilty and more about feeling his grace.
 - Connecting with God is less of a formal dialogue and more of a casual conversation.
 - Connecting with God is less like formula and more like family?Which one of the above do you most connect with? Why?
4. Share some practical examples of how you connect with God throughout the day.
5. Is there anything in your spiritual journey that overwhelms or confuses you?
6. What has been the most helpful person lesson for you through this study?

BIBLE →→

Read our theme verse one last time:

May you experience the love of Christ, though it is so great you will never fully understand it. Then you will be filled with the fullness of life and power that comes from God. Ephesians 3:19 (NLT)

How might experiencing the love of Christ relate to the "fullness of life and power?"

The writer of Hebrews tells us to come boldly to God. What do you think that means? How might this Scripture align with pursuing constant connections with God?

So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it. Hebrews 4:16 (NLT)

EMBRACE COMMUNITY→→

How has this group helped you in your spiritual growth?

How can you help each other stay refueled when you're not meeting together?

Will you commit to keep meeting with each other on a regular basis?

What one decision/action toward connecting with God would you most like prayer for from your group?